

Alan Lescht and Associates, P.C., Welcomes Colin Foster Spodek as Senior Counsel
Washington, D.C., August 26, 2026

Alan Lescht and Associates, P.C., is pleased to welcome Colin Foster Spodek as Senior Counsel. Colin is an accomplished employment attorney with substantial experience in federal personnel law, administrative litigation, labor relations, and workplace investigations, including extensive practice before the Merit Systems Protection Board (MSPB), Equal Employment Opportunity Commission (EEOC), Federal Labor Relations Authority (FLRA), Office of Special Counsel (OSC), and in arbitration proceedings.

Colin joins the Firm after years of federal service, most recently with the United States Department of Energy (DOE), where he served as Acting Deputy Assistant General Counsel for Personnel Law and Attorney Adviser. In those roles, he supervised a team of attorney advisers, managed personnel-law caseloads, advised senior leadership and regional counsel on high-risk employment matters, and represented agency management in administrative litigation involving discrimination, reasonable accommodation, misconduct, performance management, labor relations, and other complex personnel issues.

Before joining DOE, Colin served as a Trial Attorney with the United States Department of Housing and Urban Development, where he represented agency management in settlement negotiations, grievance arbitration hearings, MSPB appeals, and EEOC hearings, and advised management on labor and employee-relations issues. Earlier in his career, he worked as an Assistant Public Defender in Maryland, a Pro Se Law Clerk for the United States District Court for the Eastern District of Virginia, and a Judicial Law Clerk for the Honorable James A. Kenney, III, of the Appellate Court of Maryland (formerly Maryland Court of Special Appeals).

“Colin brings deep experience in federal personnel law and administrative litigation, along with the practical judgment that comes from advising agency leadership and handling complex workplace disputes from multiple perspectives,” said Alan Lescht, Managing Shareholder. “His background will strengthen our ability to advocate for federal employees and guide clients through challenging employment matters. We’re proud to welcome him to the firm.”

Spodek earned his J.D., cum laude, from American University Washington College of Law, where he served on the *Administrative Law Review*, was a Dean’s Fellow in Legal Rhetoric: Writing & Research, and received several academic and service honors. He earned his B.A. in English and History from the University of Michigan and is admitted to practice in Maryland.

About Alan Lescht and Associates, P.C. Alan Lescht and Associates, P.C., is a Washington, D.C.-based law firm focusing exclusively on employment law, federal employee rights, and workplace discrimination cases. With a proven track record in litigation and alternative dispute resolution, the firm is committed to providing effective and personalized legal representation for clients facing complex workplace challenges.